

Joint Formula Beats Pain, Inflammation

Nutrients in Joint Formula Ease Pain and Rebuild Joints

The nutrients combined in ALTRUM *Joint Formula* have been scientifically proven effective in reducing joint pain and inflammation.

Joint Formula's Effective Ingredients:

- **MSM** (methylsulfonyl methane) supplies our bodies with sulfur which relieves arthritis and inflammation. It is critical to healthy joints because sulfur is a component of cartilage, bones, tendons and ligaments. MSM speeds needed sulfur to the sites of joint tissue damage generating healthy new cells while repairing damaged cartilage.

A study of patients with moderate osteoarthritis reveals that after three months patients treated with a combination of glucosamine and MSM showed an average pain reduction of 79 percent. *

- **Boswellia:** *"The therapeutic action of (boswellia) includes reduction of joint swelling, improvement of blood supply to inflamed joints, increased mobility, amelioration of morning stiffness, ... and general improvements in the quality of life."* – James Braly, MD

Boswellia stops pain before it begins. It has been used for centuries as a treatment for arthritis and inflammatory conditions. This natural anti-inflammatory helps relieve pain associated with joint conditions and sports injuries.

Joint Formula's nutrients glucosamine HCl, chondroitin sulfate and manganese support cartilage rebuilding. These nutrients are clinically proven for rejuvenating joints affected by degenerative conditions while controlling inflammation: *



- **Glucosamine** is naturally concentrated in joint cartilage and functions as a natural joint lubricator. Glucosamine HCl is a major building-block utilized by the body to manufacture shock absorbing mechanisms for cushioning joints and synthesizing synovial fluid, which lubricates joints.*

- **Chondroitin** protects joints and tendons from injury and decreases pain by reducing inflammation in the affected areas. Chondroitin is an important structural component of cartilage providing much of its protective resistance to compression. *

- **Manganese** is a mineral that helps rebuild joints. It is essential in the production of different types of enzymes

that are required for cartilage compounds, bone mineralization, collagen formation and reduction of inflammation. Manganese is critical in the production of synovial (lubricating) fluid in the joints. Manganese also brings about the production of powerful anti-inflammatory enzymes in the body, such as super oxide dismutase (SOD). *

The compounds in *Joint Formula* work together to naturally regenerate joints and reduce inflammation to ensure you can move with youthful comfort. The full benefits of Joint Formula will be realized after at least 30 days of use. *

- **Reduce joint pain and inflammation**
- **Improve joint mobility**
- **Quick results, long-term repair**
- **Nutritional support for joint renewal**
- **Safe alternative for pain treatment ***

Longevity Enzymes, Nutritional Oils Enhance Joint Pain Relief

ALTRUM Joint Health Program:

Most ALTRUM customers who use *Joint Formula* to relieve pain and stiffness in their joints also use the companion supplements ALTRUM *Longevity Enzymes* and *Nutritional Oils* to further improve their joint health. Taken together with *Joint Formula*, these products complement your overall health as well as protect and repair joints. *



Longevity Enzymes™ (DZM) are systemic enzymes that aid the body in staying youthful, vital and energetic. Systemic enzymes also are a natural remedy for joint pain relief and inflammation control.

Longevity Enzymes™ contains bromelain, which is naturally found in the core of the pineapple. Bromelain, along with all the other enzymes in DZM, acts as a powerful anti-inflammatory when taken between meals. It moderates osteoarthritis and other painful inflammatory conditions. *



Nutritional Oils (DNO) omega 3 fatty acids have been found by researchers at the Arthritis Foundation to provide similar pain relief as from aspirin, ibuprofen and other anti-inflammatory medications – without the gastrointestinal side effects sometimes associated with those products.

The essential fatty acids in *Nutritional Oils* are EPA, DHA, ALA and GLA. Studies show that these remarkable compounds don't just mask inflammation, they actually stop the autoimmune reaction that causes it.

ALTRUM *Nutritional Oils* provide premium quality omega 3 essential fatty acids from ultra purified fish oil and pure flaxseed oil, the two best sources of omega 3 available. *Nutritional Oils* also contains borage oil to help manage swollen joints. Borage oil, a natural source of the omega 6 fatty acid, gamma-linolenic acid, has long been a trusted joint healer. *

*Good Nutrition is an important component of healthy joint maintenance and mobility. Joint Formula is Nutritional Defense for healthy joints, cartilage and connective tissue.**

* These statements have not been evaluated by the Food and Drug Administration. This product and these statements are not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place.

Caring About Your Life
Distributed by Altrum Nutrition Div. of AMSOIL, INC.
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Product Code
DJF 01

JOINT FORMULA*
with Boswellia/MSM/Glucosamine & Chondroitin
Dietary Supplement
60 Tablets

Supplement Facts	
Serving Size: 1 Tablet	
One Tablet Provides	%DV
Calcium (phosphate)	80 mg 100
Manganese	2 mg 5
MSM (Methylsulfonylmethane)	300 mg **
Boswellia serrata (50% Boswellic acid)	100 mg **
Glucosamine HCL	300 mg **
Chondroitin Sulfate	50 mg **
**Daily Value (DV) not established	

Other ingredients: plant cellulose, whey vegetable oil, sol-u-tab® (special plant fiber)

Suggested Use: 2 to 6 tablets daily preferably with meals. This product can be further enhanced with use of the Ultra Multi or one of the other Altrum multis.

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